

MWR This Week

February 23—February 29, 2004

MWR This Week captures MWR programs and events in the Naval District Washington area. Use this information for personal interest, command POD notices, newsletters, etc.

Enjoy your next visit to MWR.

SPORTS ITT RED HOT SPECIALS RECREATION UNLIMITED NRC SOLOMONS CHILD/YOUTH PROGRAMS

FITNESS FOOD & BEVERAGE LIBERTY RECYCLING EMPLOYMENT

Give MWR a piece of your mind!

MWR invites all tenants of Naval District Washington to send a representative to the upcoming **MWR Advisory Board Meeting, Thursday, February 26 from 1-2 p.m.** in the New Catering and Conference Center, Bldg. 211.

As part of NDW, MWR's mission is to enhance Quality of Life and Workplace through Fitness Centers, Recreation, Hospitality, Child Development Programs, and Navy Regional Recycling.

Our services and facilities are designed to promote retention and sustain and enhance fleet readiness in support of the NDW mission.

Why participate? The representative will be able to provide input at the meetings regarding MWR issues and disseminate information from the meetings to their respective unit.

To RSVP, please call the MWR Marketing Director at (202) 433-0801.

SPORTS AND LEISURE OFFICE

[Captain's Cup Sports](#)

Anacostia Annex, Building 171

For more Sports information or to sign up call 202-433-2269.

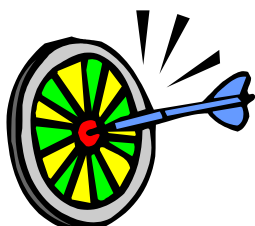
What is Captain's Cup Sports?

Captain's Cup Sports is a year round sports competition that all active duty military and DoD civilian personnel attached to Naval District Washington are eligible to participate in. Teams accrue points for participation and achievement in different sports throughout the year. At the end of the calendar year, the Captain's Cup trophy is presented to the team with the highest number of points for that particular calendar year.

Upcoming Captain's Cup Events:

Darts Tournament

Open Division
Event Date: March 2



Soccer League

Men's & Coed Division
Entry Deadline: March 16
League begins: April 3



For an entry form go to www.ndw.navy.mil/mwr/military/facilities_services/sports/index.html or contact the Sports Coordinator for more information at (202) 433-2269.

Information, Tickets & Tours

Anacostia Annex, Building 171, 202-433-2068
Monday-Friday 8:30 a.m. to 5 p.m.

& WNY, Building 22, 202-433-6666
Monday-Friday, 9 a.m. – 1 p.m. and 2 – 5 p.m.

ITT offers discount tickets to
Area Movie Theaters, Colonial Williamsburg
Florida Attractions, DC Sightseeing, Local Amusement Parks and More!
All Ticket Sales are Final. No Refunds, or Exchanges

Medieval Times Dinner & Tournament Tickets

Tickets not valid on Saturdays

Special 50 Percent Military Appreciation Nights in February
Every Wednesday & Thursday night in February

Spy Museum Tickets - Now available at ITT

On Sale Now at ITT- Entertainment® book for DC/VA or DC/MD

Get discounts on shopping, eating, entertainment and everyday services and lots of 2 for 1 specials!
They make great gifts too!

ITT Office has discounted

**Ski Lift and tubing tickets for Ski Liberty, Whitetail Mountain Resort,
Ski Roundtop and Windham resorts.**

Avoid the lines and save money. Get your lift tickets and ski equipment at Recreation Unlimited, Bldg
171-Anacostia Annex

Red Hot Specials

Navy MWR Announces New Discounted Travel Program

Navy Morale, Welfare and Recreation (MWR) has established a partnership with the Government Armed Forces Travel Cooperative (GAFTC) to provide a wide range of discounted travel opportunities to active-duty and Reserve personnel, military retirees, and Department of Defense employees and their family members. For more information go to http://www.news.navy.mil/search/display.asp?story_id=7051

Armed Forces Vacation Club

- The Armed Forces Vacation Club is offering DOD and Coast Guard personnel the opportunity to book a seven-night luxury vacation, on a space available basis,.
- Simply log on to their web site (click on the AFVC Resorts). Click on Search and select the city, state or country where you want to travel. The Website is updated daily with information about specific resort amenities and availability on the dates you choose. Select a first and second choice resort and dates of travel.
- Call the AFVC reservation center at 1-800-724-9988 and provide account number 7033-00000 and **installation number 51**. Settle on a resort and date, then provide your credit card number to reserve, it's that simple. A confirmation will be sent to you via mail within 24 hours.
- Typical resorts are located in Europe, Latin America, and throughout the USA (Florida, North Carolina, Branson, etc.).

Recreation Unlimited

Anacostia Annex, Building 171, 202-433-2068

Recreation Unlimited has all the sports, camping, skiing, snowboarding and party giving equipment you'll need, for weekend getaways, vacations and entertaining this season, available for rent. Stop by and pick up one of our price brochures

Navy Recreation Center Solomons

**Plan Your Solomons Vacation for 2004. The New Solomons Guide is coming.
Look for copies in all MWR Facilities in January.**

2004 NRC Solomons
Reservation Processing Dates

Active & Reserve Military

In Progress! Call, email, or fax your reservation request in today!

<u>Date</u>	<u>Retired Military</u>	<u>Reservation Types</u>
Tues, Feb 17	Camping	email, fax, mail
Wed, Feb 18	Lodging	email, fax, mail
Thurs, Feb 19	Lodging	email, fax, mail
Fri, Feb 20	Lodging and Camping	Walk-in, phone in
<u>Date</u>	<u>DoD</u>	<u>Reservation Types</u>
Tues, Mar 15	Camping	email, fax, mail
Wed, Mar 16	Lodging	email, fax, mail
Thurs, Mar 17	Lodging and Camping	Walk-in, phone in
<u>Date</u>	<u>Waivers</u>	<u>Reservation Types</u>
Mon, Apr 5	Active Military	email, fax, mail
Tue, Apr 6	Retired Military	email, fax, mail
Wed, Apr 7	DoD employees	email, fax, mail
Thur, Apr 8	All eligible patrons	Walk-in, phone in

NRC Solomons Golf School

Learn, Practice, Play

Beginners: May 14-16

Intermediate: April 23-25

Lodging Packages available. Call 410-326-5104 for details and reservations.

THE CHILD DEVELOPMENT PROGRAMS

Child Development Center

The Navy Child Development Center located on the NDW Anacostia Annex is a NAEYC accredited program and provides quality childcare for children ages 6 weeks to 5 years of age. The facility is state of the art and may accommodate up to 300 children. *The CDC has immediate openings for all age groups. Children of active duty, retired, and reserve military as well as children of DoD Civilians and NDW DoD Contractors are eligible.* To enroll your child, call the Regional Child Care Resource and Referral Service office at (877) 269-9322 or (202) 433-3055.

School Age Care Program



Woodbridge and Bellevue residents can register their school age children for after school care. SAC began September 3 and is offered Monday – Friday. Children ages 6 – 12 will enjoy age appropriate, supervised activities, snacks, arts and crafts, computer time, and homework assistance, special events and a safe environment. Affordable prices based on total family income. Contact the Resource & Referral Office at (202) 433-3055 for more details.

Spring Break Camp

Camp takes place April 5-12. Contact the Resource & Referral Office at (202) 433-3055 for more details.

FITNESS UNLIMITED

Anacostia Annex, Building 419
Washington Navy Yard, Building 22 and 73
For more information call 202-433-6423/2962/2829
Membership is **FREE!**

10K-A-Day Command Challenge

Step Up to Better Health

10K-A-Day is a simple inspiring way to increase your physical activity everyday.

New Program Dates

Pedometer/Packet Pick up: Wednesday, February 25 at WNY Fitness Center
Thursday, February 26 at Anacostia Annex, or Nebraska Ave Fitness Centers

Walk Dates: March 1- March 28

Pedometer & Log Return Date: Wednesday, March 31

Contact Health & Fitness Director for more information at 202-433-6423

Great News!

Aerobics Classes at WNY Fitness Center

Classes will begin February 17

**Classes include Basic Step, Boot Camp, Kickboxing, Body Sculpting and Spinning
Active Duty Military Free.**

Time	Mon.	Tues.	Wed.	Thurs.	Fri.
6-7 a.m.	Basic Step	Boot Camp	Basic Step	Kickboxing	
11:30 a.m. -12:30 p.m	Kickboxing	Basic Step	Body Sculpt	Basic Step	Spinning
4 - 5 p.m.	Spinning				

FOOD AND BEVERAGE

Furnari Dining Facility
Anacostia Annex, Building 418
For more information call 202-433-2391.

Located on the Anacostia Annex, the Furnari Dining Facility, bldg. 418, offers an outstanding selection of breakfast and lunch items. Breakfast selections include items cooked to order, fresh fruit, cinnamon rolls, muffins, cereal, and a selection of breakfast beverages. Lunch and dinner boasts a menu of grilled burgers, steak and cheese subs, made to order deli sandwiches, delicious hot entrees, a salad bar, and desserts. The tremendous riverfront view and highly skilled culinary staff are only a few reasons you should visit the Furnari Dining Facility. Furnari is open Monday – Friday from 6:00 to 9:30 a.m. for breakfast, 11a.m. to 1 p.m. for lunch, and 4 to 6 p.m. for dinner. Go online to find out what's cooking today at www.ndw.navy.mil/MWR/Military/WNY/Dining/Furnari.html



*Catering and Conference Center
Washington Navy Yard, Building 101
For more information call 202-433-3041.*

The Catering and Conference Center offers the finest in catering service, multipurpose conference facilities, an attractive, affordable menu, and an experienced professional staff.

www.ndw.navy.mil/military/facilities_services/conferencecenters/index.htm

Good News

DJ's Lounge has re-located! DJ's Lounge, formerly in bldg. 101 has a temporary new home in the new Catering and Conference Center, bldg. 211. DJ's will re-open in its new temporary home on Tuesday, January 13. DJ's will be open weekly Tuesday - Friday beginning at 3:30 p.m. serving you with pleasure!

Food Service Survey—Give your “feedback”

NAVSUP is conducting an automated web-based Shore Food Service Customer Satisfaction Survey. Developed in cooperation with CNI, the customer survey is a voluntary, short and straightforward survey of food service choices available at base locations Navy-wide. It should take less than 10 minutes to complete. Respondents can access the survey at <http://www.surveymonkey.com/survey/ashore>.

The password is “food.” The Web survey will be available through March 15.

Military members and civilians eating at any of the available base food service facilities (Morale, Welfare and Recreation, and Navy Exchange restaurants and concessions, and General Messes) are encouraged to take the survey. The information provided by individuals will be statistically summarized with the responses of others, and will not be associated with any single individual

LIBERTY

LIBERTY offers a monthly calendar of events and activities for the E1–E6 single unaccompanied enlisted military personnel of the Naval District Washington area. Transportation to and from all barracks locations is included in the cost. For event dates, times, deadlines, or general information contact your Liberty Coordinator at (202) 433-2636.

LIBERTY Happenings this Week!!

Eligible military personnel can sign up for Liberty's great trips and activities at any barracks event.

Dinner & a Movie Night

February 23

[Andrews AFB, Bldg. 1560](#) from 5-9 p.m.

Enjoy the latest releases and a light dinner, soda and snacks.

Barracks Pool Tournament

February 24

[Furnari Hall, Bldg 417](#) from 6-9 p.m.

Dinner & a Movie Night

February 26

Nebraska Ave from 5-9 p.m.

Enjoy the latest releases and a light dinner, soda and snacks.

Washington Capitals vs. NJ Devils

February 19

Cheer on the Capitals, they need the help! Game takes place at the MCI Center. Cost includes ticket and transportation. Departure time: 5:30 p.m.

Indoor Go-Kart Racing

February 21

You've got a ticket to drive—at All Sports Grand Prix, the area's premier indoor go-kart racing facility. Each participant receives a driver safety briefing, a race suit, gloves and a helmet to use during the race. Bring a valid driver's license. Cost includes race fee, equipment rental and transportation. Departure time: TBD.

Washington Wizards vs. LA Lakers

February 28

Game takes place at the MCI Center. Cost includes lower-level ticket and transportation. Departure time: TBD.

RECYCLING

Make your Resolution to Recycle

Enough energy is saved by recycling one aluminum can to run a TV set for three hours or to light one 100 watt bulb for 20 hours!

Reduce, Reuse, Recycle

Navy Regional Recycling has established a scrap metal collection program at the Anacostia Recycling Center. For disposal of scrap metal, please call the recycling center at (202) 433-0792.

PERSONNEL- JOB OPPORTUNITIES

All interested applicants should forward form OF-612 or Resume along with a OF 306, a Declaration of Federal Employment form to:

Morale, Welfare, and Recreation Department
Naval Support Activity Washington
Naval District Washington, Anacostia Annex
2770 Enterprise Way SW, Suite 106
Washington, DC 20373-5823

For further information, please contact the MWR Personnel Office at 202-433-0804 or fax to 202-433-5045. The following are open continuous positions available to all qualified applicants within commuting distance of Naval District Washington, Anacostia Annex.

Recycling Driver/Laborer	Flex
Recycling Laborer	Flex
Custodial Worker, Andrews AFB	Flex

Supervisor, Recreation Specialist	Full Time
Food Service Worker	Flex
Education Aide	Flex
Education Aide/Technician	Full time
Catering Manager	Full Time
Financial Analyst	Full Time